

## Loyal Heights Homeschool Program (LHH) Winter 2023 Wednesdays January 11 – March 15 (9 Weeks, no class 2/22)

**Note:** All classes subject to cancellation or change. Please make sure you are on the [LHH Email Group](#) for timely announcements (At this time, all students are encouraged, but not required, to wear masks during classes.

To view the class schedule in table format, visit [www.loyalheightshomeschool.org](http://www.loyalheightshomeschool.org).

Register online at <https://apm.activecommunities.com/seattle>. Use the keyword “homeschool” to filter search. Registration may also be done in person (Loyal Heights Community Center) or by phone (206) 684-4052. Registration opens on Tuesday, December 6, 2022.

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### Art Exploration

Instructor: Stefanie Kahler

Ages: 3 - 10

Maximum class size: 16

\$85

In this art exploration class, young artists are encouraged to explore different styles of art. Students will create using different materials including acrylic paints, clay, and watercolors. Each week will focus on a different style of art along with information about an artist who focuses on that style. Priority will be placed on process over product and on meeting each child where they are in their personal and artistic development. I look forward to making art together! A minimum of 2 parent volunteers are needed for this class.

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### Creative Movement

Instructor: Stefanie Kahler

Ages: 3 - 6

Maximum class size: 10

\$85

Burst! Spin! Float. Come fall in love with dance! Students will enjoy dancing to their favorite songs along with learning to move their bodies in their space. Participants should wear comfortable clothing and dance barefoot. Parents are encouraged but not required to attend class along with their students to enjoy the process of moving together.

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### Emotions 101

Instructor: Lucia Stakkestad

Ages: 6 - 11

Maximum class size: 12

\$185

Have you ever felt so angry, bored or even jealous? Do you usually ignore your feelings? Learn all about your emotions, what they mean, and what they are telling you about your needs. We will explore your actual feelings by checking in with yourself. Then we will practice what the feelings you are having are, and learn what things to do to change them or sit with them. We will learn calming techniques, coping skills, and redirecting options. Be the best version of you just by listening to your feelings!

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### Family Papier Mache Piñata Workshop

Instructor: Stephanie Burkemoore

Ages: 7 - 12

Maximum class size: 12

\$160

In this sometimes-messy, always hands-on class you'll learn the basic steps to creating a papier mache project. We'll start small to introduce the planning, prep, and finish of a modest art piece, such as a simple mask or wall art. Next, we'll put those skills to work on your family piñata that you will complete and take home by the end of our winter session. A couple of techniques will be introduced with time to practice. No experience is necessary and all supplies (except what, if anything, you choose to put inside your piñata) will be provided. We request that children younger than 11 bring an adult to assist.

**Fish Hawk Outdoor Academy**

Instructor: Ignite Nature Connection

Ages: 8 - 12

Minimum class size: 6

Maximum class size: 8

\$225

Come learn outdoor skills such as building fire, shelter making, and learning to use a knife as a tool for carving, and bushcraft. We offer a fun and safe environment for your child to gain a love of nature and the outdoors by creating opportunities for them to build confidence with important survival skills. We use a holistic approach to nature connection and learn about wild edibles, birds, wildlife, and learn to identify tree and plant species in our area. We play fun nature games and truly foster a love and appreciation for being in the outdoors. This class is held at the Ignite Nature Connection classroom, and will end with a nature walk to the community center.

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**Great Living Artists**

Instructor: Shannon Hillinger

Ages: 10 - 16

Maximum class size: 12

No class 3/8

\$95

There are so many great artists living and working around the world. In this class we will learn about 9 current artists who work with a variety of different materials, and then use their work as inspiration for our own artwork. Bring your creativity and excitement to try different techniques. We will focus on Sonya Kelliher-Combs, Yayoi Kusama, Ndedi Emefiele, Sue Danielson, Fideli Sundqvist, Gabriel Orozco, Olga de Amaral, Kara Walker, and Pegge Hopper.

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**Intro to Board Game Mechanics**

Instructor: Walker Aumann

Ages: 10 - 16

Maximum class size: 10

\$70

In this class we will explore a different type of board game every week, from worker placement to drafting to deck building. Come play and find the style of gaming you like best. This class is intended for students with a minimum of board game experience, but there will be games to challenge any level of player.

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**Philosophy**

Instructor: PLATO Philosophy

Ages: 12 - 16

Minimum size: 8

Maximum class size: 15

\$185

How do you know something? What is friendship? Children ask philosophical questions that explore the human condition all the time. Thinking about these questions in a community of inquiry bolsters students' abilities to listen, reason deeply about their values and assumptions; construct sound and valid arguments; and evaluate the arguments of others while respecting perspectives different from their own – skills essential to becoming critical, creative, and analytic thinkers. Each class, I will present a prompt that encourages questioning, reflection, and discussion, allowing students to philosophize collaboratively.

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**Pickleball**

Instructor: Tim Ozog

Ages: 12 - 16

Maximum class size: 10

\$100

Pickleball is a racquet sport that combines elements of badminton, tennis, and ping pong. Two, three, or four players use solid paddles made of wood to hit a wiffle ball, over a net. The net and rules are similar to tennis, with a few modifications. We will have lots of fun indoors learning the basics and competing with one another.

**Pickleball**

Instructor: Tim Ozog

Ages: 8 - 12

Maximum class size: 10

\$100

Pickleball is a racquet sport that combines elements of badminton, tennis, and ping pong. Two, three, or four players use solid paddles made of wood to hit a wiffleball over a net. The net and rules are similar to tennis, with a few modifications. We will have lots of fun indoors learning the basics and competing with one another.

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**The Game of GO**

Instructor: Seattle Go Center

Ages: 7 - 16

Maximum class size: 15

\$90

Join the Seattle Go Center for a series of introduction lectures and play time aimed at teaching newer players the ancient game of Go and forming basic strategies. Go is an ancient Asian strategy game that is fun for both beginners and experts. We start out with small boards and simple instructions, and progress to the full territory-based game in a few classes. Since the game is easily handicapped, beginning players have an even chance of winning against more experienced and stronger players. This keeps the game fun for all.

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**The Science of Senses**

Instructor: Shannon Hillinger

Ages: 3 - 7

Maximum class size: 10

No class 3/8

\$85

Sight, sound, taste, touch, and scent all help us understand our world. But, do you know how and why we can do these things? Let's all learn together about how we interact with our world, and some of our senses beyond those five, like your sense of balance! We will learn with hands-on activities, games, and more.

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**Teen & Tween Book Club**

Parent Liaison: Sara Cammeresi

Ages: 11 - 16

3rd Wednesdays

(1/18, 2/15, 3/15)

Let's meet up to talk about our favorite books! The participants will take turns picking books. Parents are welcome to attend, but the teens and tweens will be encouraged to take the lead in facilitating the discussion.

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**Teen & Tween Handicrafts Club**

Parent Liaison: Stefanie Kahler

Ages: 11-16